

BRUNCH MENU

BY FARMING HOPE
Served from 9AM - 3PM

Farming Hope creates jobs for
formerly incarcerated and homeless
folks in our kitchen.



BREAKFAST

SPICED CHIA PUDDING	9
<i>Berries, dried apricot, banana, cacao-rose crunch, honey</i>	
SEMOLINA WAFFLE	14
<i>Whipped yogurt, berries, black sesame, date molasses, mint, jam</i>	
CITRUS TOAST	9
<i>Citrus yogurt, grapefruit, orange, tarragon, pistachio, nigella seed</i>	
AVOCADO TOAST	9
<i>Olive oil, pickled onion, radish, chili threads</i>	
SALMON BENEDICT	17
<i>Smoked salmon, sumac hollandaise, pickled onions, and herbs</i>	
"A REAL BREAKFAST"	13
<i>Soft scrambled eggs, citrus yogurt, tomato-cucumber salad, toast, butter</i>	
FARMING HOPE HASH	15
<i>Two poached eggs, smashed and fried potatoes, brussels sprouts, smoked salmon, pickled onions, herbs</i>	
SHAKSHUKA	12
<i>Spicy tomato-pepper stew, poached eggs, feta, herbs</i>	

ADD ONS

POACHED EGG	2
SOFT SCRAMBLED EGGS	5
SMOKED SALMON	5
AVOCADO	3.5
SMASHED AND FRIED POTATOES	4
MIXED GREENS	3
TOAST OR PITA	2
MARKET FRUIT	5
HUMMUS	3

LUNCH

IN A PITA

All pitas come with pickled cabbage, tomato-cucumber salad, yogurt sauce, and herbs. Ditch the pita and get your fillings as a gluten-free grain bowl for two dollars more.

CAULIFLOWER SHAWARMA	10
<i>Shawarma-spiced cauliflower with pickled turnips</i>	
ROASTED EGGPLANT	11
<i>Served with hard-boiled egg, pickled cucumber, and spiced mango sauce</i>	
BEYOND KOFTE	14
<i>Grilled Beyond Meat seasoned with spices, onion, and mint. Served with Moroccan herb sauce and pickled radish</i>	

LUNCH SPECIALS

PITA AND SMALL SALAD	
<i>Add a small meze salad to any pita and save a dollar</i>	+4
SOUP AND SMALL SALAD	
<i>Fight off the winter chills with our daily special. Served hot with toast and your choice of salad</i>	13

MEZE SALADS

	sm / lg
BRUSSELS SPROUTS	
TABBOULEH	5 / 8
<i>Shredded brussels sprouts, bulghur, herbs, tomato, cucumber, pickled onion, lemon-za'atar dressing</i>	
BEETS AND BERRIES	5 / 8
<i>Roasted beets, berries, cacao-rose crunch, yogurt</i>	
FENNEL AND CITRUS	5 / 8
<i>Roasted fennel, orange, grapefruit, feta, pomegranate, and Moroccan herb sauce</i>	

DAYTIME DRINKS

BY MANNY'S

Served from 9AM - 4:30PM

We offer free coffee and tea to anyone who needs it...no questions asked.

Support Someone in the community by asking to "Pay it Forward" with a donation



COFFEE

Coffee and espresso beans are sourced from women-owned Ritual Coffee Roasters. Substitute whole/skim milk in your espresso drink with alternative milk for 36 cents more.

DRIP COFFEE	1.75/2.75/3.75
CAFE AU LAIT	3.25
COFFEE REFILL	2.00
ESPRESSO	3.00
CAPPUCCINO	3.25
CORTADO/MACCHIATO	3.25
DECAF FRENCH PRESS	3.25
COLD BREW	3.00
LATTE	3.75
<i>Can be served iced or hot</i>	
MOCHA	3.95
<i>Can be served iced or hot</i>	
AMERICANO	3.25
<i>Can be served iced or hot</i>	
ADD SINGLE OR DOUBLE SHOT	1.50/3

TEA

2.75

Sourced from The Republic of Tea

BLACK TEA

Served hot. Contains caffeine.

BRITISH BREAKFAST
EARL GREYER
REPUBLIC CHAI

GREEN TEA

Served hot. Contains caffeine.

TUMERIC GINGER GREEN
TEA OF INQUIRY
SUPER GREEN IMMUNITY

HERBAL TEA

Served hot. Caffeine-free

CARDAMOM CINNAMON
ORGANIC MINT FIELDS
GOOD HOPE VANILLA
SAFFRON ROSE

ICED TEA

Naturally caffeine-free

HIBISCUS SANGRIA
BLUEBERRY LAVENDER
Contains Caffeine
PEOPLES BLACK TEA

NOT COFFEE

CHAI LATTE	3.75	SYNERGY KOMBUCHA	4.99
<i>Can be served iced or hot</i>		<i>Trilogy, Mango, Original</i>	
FRUIT JUICES	3.00	KAVA	7.00
<i>Orange, Grapefruit, Cranberry, Pineapple</i>		<i>Made w/ Pineapple Juice</i>	
GINGER BEER	3.00	VYBES CBD TONIC	6.75
SPARKLING WATER	3.00	<i>Strawberry Lavender, Peach Ginger</i>	
HOMEMADE	3.25	LAGUNITAS	3.25
ARNOLD PALMER		HOP REFRESHER	
		<i>Non-alcoholic</i>	

@welcometomannys